

## Session 6

**Why  
how  
I  
the**

**and  
should  
read**

**The Bible is the most...**

- Popular
- Powerful
- Precious (Psalm 19:10)

**... book in the world.**

“Man shall not live on bread alone, but on every **word** that comes from the mouth of God.” (Matthew 4:4).

- Bible: collection of books by 40+ authors over 1600 years
- Inspired: God-breathed

“All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness.” (2 Timothy 3:16)

**But what about difficulties in the Bible?**

- Jesus is the interpretive key
- It’s authoritative (2 Timothy 3:16–17)
- Practical wisdom:
  - Guidelines for living
  - Guidance for good decisions

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**The Bible is like a love letter from God:**

- To those exploring faith (Romans 10:17, John 20:31)
- To those who are Christians
  - Become like Jesus (2 Corinthians 3:18)
  - Joy and peace in the midst of a storm (Psalm 23:5)
  - Guidance (Psalm 119:105)
  - Health/healing (Proverbs 4:20–22)
  - Defense against spiritual attack (Matthew 4:1–11)
  - Power (Hebrews 4:12)
  - Cleansing (John 15:3)

**“Reading the Bible  
generates life. It produces  
change. It heals hurts.  
It builds character. It  
transforms circumstances.  
It imparts joy. It overcomes  
adversity. It defeats  
temptation. It infuses  
hope. It releases power.  
It cleanses the mind.”**

**RICK WARREN**

- Make a plan
  - Find a time
  - Find a place (“a solitary place,” Mark 1:35)
  
- Find a pattern
  - Ask God to speak:  
Read a short passage  
Bible reading notes  
Bible in One Year app – [bibleinoneyear.org](http://bibleinoneyear.org)
  
  - Ask yourself:  
What does it say to me?  
What does it mean to me?  
How does it apply to me?
  
- Respond in prayer
- Put it into practice (Matthew 7:24)

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SESSION 6 WHY AND HOW SHOULD I READ THE BIBLE?

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**RECOMMENDED READING**

*Why Trust the Bible?*  
Amy Orr-Ewing

*30 Days*  
Nicky Gumbel

*The Bible* (*The Message* is an acceptable paraphrase)

*NIV Alpha Bible in One Year*

Read the daily Bible in One Year commentary by Nicky Gumbel at **bibleinoneyear.org** or download the app from the App Store.

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